

Cultivating Resilience in a Complex World

Friday, September 21, 2018 Sippy Room, Searle Conference Center Rush Medical University, Chicago

8:00-8:30 am Registration and Continental Breakfast

8:30-9:00 am Community Resilience: Co-Creating a

Narrative of Strength

April Smith, Board Chair, National Resilience Institute (NRI)

9:00-9:45 am Heads Together: Eliminating Mental Health Stigma

David Richmond, CBE, Chairman, The Contact Group, UK

9:45-10:00 am Networking Break

10:00-10:45 am Lifelines: Meeting Needs after a Major School or Community Crisis

David Schonfeld, MD, Director, National Center for School Crisis and

Bereavement

10:45-11:15am Refueling: Growing Resilience through Self Care

Paula Stephens, MA, Founder, Crazy Good Grief

11:15-11:45 pm Building Bridges: Designing Inclusive and Diverse Communities

Wrenetha Julion, PhD, Chair, Department of Women, Children and

Family Nursing, Rush University

11:45-12:00 pm Community Conversation

Facilitated by John Cimino, Director, Creative Leaps, International

12:00-1:15pm Creating Community: Transforming Lives through Intentional Neighboring

Dylan Tete, Founder, Bastion Community of Resilience and Brenda Eheart, PhD, Founder, Generations of Hope with facilitator Niranjan Karnik, MD, PhD, Associate Dean for Community Behavioral Health, Rush Medical College (includes box

lunch if registered by Sept 14th)

1:15-2:00 pm Strengthening Vulnerable Populations: A New Orleans Case Study of Adverse

Childhood Experiences (featuring "The Children of Central City"

Documentary)

Richard Webster, Times-Picayune, New Orleans

2:00-2:30pm Networking Break

2:30-3:45 pm Weaving Community Safety Nets: Creating Systems that Heal Trauma and

Grow Resilience

Lisa Cherry, Author and International Trauma & Resilience Trainer, UK and John

Richardson-Lauve, LCSW, Director of Mental Health, Child Savers

3:45-4:00 pm Community Conclusions and Closing Remarks

4:00pm Summit Closes

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